



Examples of Nondual Thinkers and Mystics

B.C.

Abraham, Jacob, Elijah 2000-800 (Mesopotamia/Vedic Period c.1500-c.500 (Indian Subcontinent)

Pre-Classical Hinduism c.500-c.200 (Indian Subcontinent)

Upanishads 800-300 (India)

Pythagoras c.570-c.495 (Ionia)

Buddha c. Late 6th century-Early 5th century (India)

Heraclitus c.535-c.475 (Ionia)

Parmenides c.515 (Magna Graecia)

Socrates c.470-399 (Greece)

Plato c.425-c.348 (Greece) *The Republic; Timaeus*

Lao-Tsu c.5th to 6th century (China) *Tao Te Ching*

A.D.

FIRST CENTURY

Philo of Alexandria c.25 B.C.-c.50 A.D. (Egypt)

Jesus of Nazareth c.4 B.C.-c.33 A.D. (Roman Empire; Palestine)

Paul of Tarsus c.5-66 (Roman Empire)

Ignatius of Antioch c.35-c.107 (Syria; Rome)

SECOND CENTURY

Clement of Alexandria c.150-c.215 (Egypt)

THIRD CENTURY

Origen c.185-254 (Egypt) *On First Principles; On Prayer*

Plotinus c.205-270 (Egypt; Roman Empire) *Enneads*

Anthony the Great c.251-356 (Egypt)

Desert Fathers and Mothers begin 3rd century (Egypt; Turkey; Syria; Palestine)

FOURTH CENTURY

Syncretica of Alexandria c.280-c.350 (Egypt)

Athanasius of Alexandria c.296-373 (Egypt) *Life of Antony; On the Incarnation of the Word*

Macarius of Egypt c.300-391 (Egypt)

Ephrem the Syrian c.306-373 (Syria)

Gregory Naziansus c.329-390 (Cappadocia)

Basil of Caesarea c.330-379 (Cappadocia) *On the Holy Spirit*

Gregory of Nyssa c.335-c.395 (Cappadocia)

Abba Poemen c.340-450 (Egypt)

Evagrius Ponticus 345-399 (Pontus; Constantinople; Egypt) *The Praktikos*

Augustine of Hippo 354-430 (Numidia) *Confessions; City of God*



FIFTH CENTURY

Pseudo-Dionysius c. Late 5th-Early 6th century—*The Divine Names; The Mystical Theology*

SIXTH CENTURY

St. Benedict c.480-543 (Italy) *Rule of St. Benedict*

SEVENTH CENTURY

John Climacus c.579-649 (Mount Sinai) *The Ladder of Divine Ascent*

Maximus the Confessor c.580-662 (Constantinople)

Hesychasm in Orthodox Christianity

Zen Buddhism (Japan)

Tibetan Buddhism

EIGHTH CENTURY

Rabia Basri 713-801 (Iraq)

Adi Shankara c.788-c.820 (India)

NINTH CENTURY

John Scotus Eriugena c.815-c.877 (Ireland)

TENTH CENTURY

Symeon the New Theologian 949-1022 (Constantinople)

ELEVENTH CENTURY

Qushayri 986-1073 (Iran)

Al-Ghazali 1058-1111 (Persia)

TWELFTH CENTURY

William of St. Thierry c.1080-1148 (France)

Bernard of Clairvaux 1090-1153 (France) *Sermons on the Song of Songs*

Hugh of St. Victor c.1096-1141 (Paris)

Hildegard of Bingen 1098-1179 (Holy Roman Empire; Germany) *Scivias*

Aelred of Rievaulx 1110-1167 (England)

Richard of St. Victor d.1173 (Paris)

Ibn Arabi 1165-1240 (Spain; Syria) *The Bezels of Wisdom*

THIRTEENTH CENTURY

Francis of Assisi c.1181-1226 (Italy) *Canticle of the Sun*

Giles of Assisi c.1190-1262 (Italy)

Clare of Assisi 1194-1253 (Italy)



Beguines and Beghards 13th-16th century (N. Europe; Low Countries; Netherlands; Belgium)

Dogen 1200-1253 (Japan)

Mechtilde of Magdeburg c.1207-c.1282 (Saxony)

Rumi 1207-1273 (Persia)

Fakhr-al-Din Iraqi 1213-1289 (Persia) *Divine Flashes*

Hadewijch of Antwerp c.1220-c.1260 (Low Countries; Netherlands; Belgium)

Bonaventure c.1221-1274 (Italy) *The Journey of the Mind into God*

Raymond Lull c.1232-c.1315 (Spain)

Angela of Foligno 1248-1309 (Italy)

Meister Eckhart c.1260-c.1328 (Holy Roman Empire; Germany)

Duns Scotus c.1266-1308 (Britain; Paris; Scotland)

FOURTEENTH CENTURY

Richard Rolle c.1290-1349 (England)

Jan of Ruysbroeck c.1293-1381 (Low Countries; Belgium)

Henry Suso c.1295-1366 (Holy Roman Empire; Germany)

Gregory Palamas 1296-1357 (Greece)

Johannes Tauler c.1300-1361 (Germany)

Hafiz c. 1325-1389 (Persia)

Walter Hilton c.1340-1396 (England) *The Scale of Perfection*

Julian of Norwich c.1342-c.1416 (England) *Revelations of Divine Love*

Catherine of Siena 1347-1380 (Italy)

Thomas a Kempis 1380-1471 (Holy Roman Empire; Germany) *The Imitation of Christ*

Cloud of Unknowing late 14th century (England)

FIFTEENTH CENTURY

Nicholas of Cusa c.1401-1464 (Holy Roman Empire; Germany)

Nicholas von der Flue c.1417-1487 (Switzerland)

Kabir c.1440-c.1518 (India)

Catherine of Genoa c.1447-1510 (Italy)

Desiderius Erasmus 1466-1536 (Netherlands)

SIXTEENTH CENTURY

Ignatius of Loyola 1491-1556 (Spain; Italy) *Spiritual Exercises*

Francisco de Osuna c.1492-c.1540 (Spain)

Teresa of Avila 1515-1582 (Spain) *The Interior Castle*

Isaac Luria 1534-1572 (Israel)

John of the Cross 1542-1591 (Spain) *Ascent of Mt. Carmel; Dark Night of the Soul*

Francis de Sales 1567-1622 (Holy Roman Empire; Switzerland)

Jacob Boehme 1575-1624 (Holy Roman Empire; Germany)



SEVENTEENTH CENTURY

Brother Lawrence c. 1614-1691 (France) *The Practice of the Presence of God*
Blaise Pascal 1623-1662 (France) *Pensées*
George Fox 1624-1691 (England)

EIGHTEENTH CENTURY

Jean Pierre de Caussade 1675-1751 (France) *Abandonment to Divine Providence*
Emmanuel Swedenborg 1688-1772 (Sweden; England)
Baal Shem Tov c. 1700-1760 (Poland)
John Wesley 1703-1791 (England)
Macarius of Corinth 1731-1805 (Greece) Compiled *Philokalia*
St. Nicodemus of the Holy Mountain 1749-1809 (Greece) Compiled *Philokalia*
Seraphim of Sarov 1754-1833 (Russia)
William Blake 1757-1827 (England)
Jarena Lee 1783-1864 (USA) *The Life and Religious Experience of Jarena Lee'*
Rebecca Cox Jackson 1795-1871 (USA)
Sojourner Truth c.1797-1883 (USA)

NINETEENTH CENTURY

William Wordsworth 1770-1850 (England)
Henry David Thoreau 1817-1862 (USA)
Friedrich von Hugel 1852-1925 (England)
Charles de Foucauld 1858-1916 (France; Algeria)
Therese of Lisieux 1873-1897 (France) *The Story of a Soul*
Elizabeth of the Trinity 1880-1906 (France)

TWENTIETH CENTURY

Rabindranath Tagore 1861-1941 (India)
Mahatma Gandhi 1869-1948 (India)
D.T. Suzuki 1870-1966 (Japan)
Evelyn Underhill 1875-1941 (England) *Mysticism*
Rainer Maria Rilke 1875-1926 (born in Austria; Europe)
Martin Buber 1878-1965 (born in Austria; Europe; Israel) *I and Thou*
Ramana Maharishi 1879-1950 (India)
Teilhard de Chardin 1881-1955 (France) *The Phenomenon of Man*
Paramahansa Yogananda 1893-1952 (India)
Thomas Raymond Kelly 1893-1941 (USA)
Hugo Enomiya-Lassalle 1898-1990 (Germany)
Howard Thurman 1899-1981 (USA) *The Centering Moment; Jesus and the Disinherited*
Karl Rahner 1904-1984 (Germany)
Dag Hammarskojold 1905-1961 (Sweden) *Markings*
Bede Griffiths 1906-1993 (England; India)



Abraham Joshua Heschel 1907-1972 (Poland, USA) *Man is Not Alone; The Sabbath*
Simone Weil 1909-1943 (France) *Waiting on God*
Abhishiktananda (Henri Le Saux) 1910-1973 (France; India)
Mother Teresa 1910-1997 (India)
Etty Hillesum 1914-1943 (Netherlands)
Alan Watts 1915-1973 (England; USA) *The Way of Zen*
Thomas Merton 1915-1968 (USA) *New Seeds of Contemplation; The Seven Storey Mountain*
John Main 1926-1982 (England)
Thich Nhat Hanh b.1926 (Vietnam; France) *The Heart of Understanding; The Miracle of Mindfulness*
Martin Luther King Jr. 1929-1968 (USA)
Anthony de Mello 1931-1987 (India)
Bernadette Roberts 1931-2017 (USA)
Gerald May 1940-2005 (USA)
Raimon Pannikar 1918-2010 (Spain) *The Unknown Christ of Hinduism*
Beatrice Bruteau 1930-2014 (USA) *God's Ecstasy*
Thea Bowman 1937-1990 (USA)
Wayne Teasdale 1945-2004 (USA)